



MLK JR. DAY & ENLIGHTENED LIVING DAYS

EVENTS SCHEDULE

1.20.25 - 1.23.25

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FIFTH THIRD BANK

MLK Jr. Day Monday, January 20					This Year's Theme: INDIVIDUAL AND COMMUNITY HEALTH			
					Tuesday, January 21	Wednesday, January 22	Thursday, January 23	
9:30 - 9:45 AM Welcome Remarks with President Roth Geary Auditorium & live streamed					2:00 - 2:55 pm Consumer Health and AI with John Adkins, UC Library Director & Rebecca Newman, UC Health Sciences Librarian Frankenberger Art Gallery & Zoom session * Register on Corq	2:00 - 2:55 pm West Virginia Foster Care Crisis with Michelle Riffe Davis, Assisant Professor, Physician Assisant Program and Dr. Beth Todd, Assistant Professor, Pharmacy Practice Erma Byrd Gallery & Zoom session * Register on Corq	2:00 - 2:55 pm West Virginia Foster Care Crisis with Michelle Riffe Davis, Assisant Professor, Physician Assisant Program and Dr. Beth Todd, Assistant Professor, Pharmacy Practice Erma Byrd Gallery & Zoom session * Register on Corq	
9:45 - 10:00 am Introduction to the MLK Day Celebration with BSU President Jamia Nesmith Geary Auditorium & live streamed								
10:00 - 11:15 am MLK Day Keynote Address: Bunmi Kusimo-Frazier, Esq. Geary Auditorium & live streamed					3:00 - 3:55 pm Nutrition and Bone Health with Kate Duffy, Undergraduate Student, Biology/Biomedical Sciences Erma Byrd Gallery & Zoom session * Register on Corq	3:00 - 3:55 pm Ecosystem Health with Dr. Stephen Mech, Professor of Biology, Dr. Mark Watson, Professor of Biology & Clark Sanford, Superintendent, Kanawha State Forest Erma Byrd Gallery & Zoom session * Register on Corq	3:00 - 3:55 pm Nutrition and Bone Health with Kate Duffy, Undergraduate Student, Biology/Biomedical Sciences Frankenberger Art Gallery & Zoom session * Register on Corq	
LUNCH 11:30 am - 1:00 pm Lunch on Charleston Campus The Commons & Riverfront Dining Hall * Register on Corq 75 people in person Lunchtime Discussion Zoom Session * Register on Corq					4:00 - 4:55 pm Behavioral Finance and Your Emotional and Physical Health with Dr. Jacob Tenney, Assistant Professor of Business Frankenberger Art Gallery & Zoom session * Register on Corq	3:00 - 3:55 pm Nutrition and Bone Health with Kate Duffy, Undergraduate Student, Biology/Biomedical Sciences Frankenberger Art Gallery & Zoom session * Register on Corq	4:00 - 4:55 pm Behavioral Finance and Your Emotional and Physical Health with Dr. Jacob Tenney, Assistant Professor of Business Frankenberger Art Gallery & Zoom session * Register on Corq	
2:00 - 3:00 pm Martin Luther King, Jr. on Health Care Ethics with Dr. Dan Silber * Register on Corq In person or Zoom Erma Byrd Gallery, Riggelman Hall 3rd Floor					7:00 - 8:00 pm Yoga The Folded Leaf Yoga Studio with Instructor Nina Ratliff GSU Ballroom * Register on Corq	4:00 - 4:55 pm Coffee and Energy Balls with Violetta Petrosyan, Director of International Students, and Staff The Commons * Register on Corq	7:00 - 8:00 pm Yoga The Folded Leaf Yoga Studio with Instructor Nina Ratliff GSU Ballroom * Register on Corq	
5:00 - 6:00 pm Unity Walk and Reflection Innovation Center/Riverbank						7:00 - 8:00 pm Zumba Dance Fitness S and B Studio with Instructor Sarah Brown GSU Ballroom * Register on Corq		

PLEASE NOTE:

Registration links are available on the Corq app.
Check in at your session with your Student ID.

Student attendance is required at the Bunmi Kusimo-Frazier, Esq. keynote address on Monday. Attendees will receive a 2025 Enlightened Living Days bracelet.